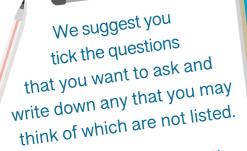
|Suggestions |

You and your family
may choose to use this list
at any time as a tool to discuss
with your medical care team
about the most suitable treatment
and care for you.



We also encourage you to inquire about medical terms or phrases you are unfamiliar with.

Acknowledgements

(依姓氏筆劃排序)

- 洪秀瑩 -

臺北榮民總醫院 肺癌個管師

- 洪麗君 -

高雄市立小港醫院腫瘤科 肺癌個管師

- 徐培菘 -

新光吳火獅紀念醫院胸腔內科 主治醫師

- 陳煌麒 -

高雄市立小港醫院胸腔內科 主任

- 蔡東明 -

臺大癌醫中心醫院腫瘤外科 主治醫師

- 魏米秀 -

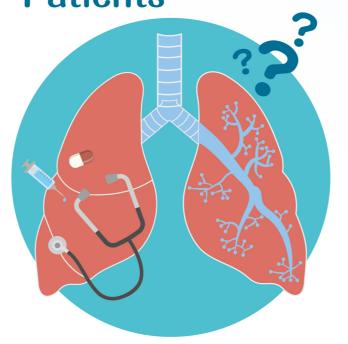
慈濟大學傳播學系 專任教授





funded by The Tobacco Health and Welfare Surcharge

Question Prompt Lists for Lung Cancer Patients







When you see
your medical oncologist today,
you may have questions
and concerns.

Often these are forgotten in the heat of the moment, only to be remembered later.

We have compiled a list of questions to help you organize the information about your illness you may like to seek from your oncologist.



Diagnosis and Tests

Ш	what type of lung cancer is it?	

- ☐ What is my stage? Has it spread?
- ☐ What does the test result say about my cancer?

 Do I need to do any other tests?
- ☐ Is it possible that my siblings or children will also get this cancer? Is it contagious?
- \square Is it possible to cure my cancer?

Treatment Options

- ☐ What is your opinion about the best treatment for me?
- ☐ How likely is it that the treatment will improve my symptoms?
- ☐ Is genomic testing an option for me? How is it going to help with my treatment?
- ☐ Can I have children after cancer treatments?

Costs

- ☐ Are cancer treatments covered by National Health Insurance?
- ☐ Are there any drugs not covered by NHI that I can consider? If so, what will be the costs?
- ☐ If I'm worried about managing the expenses of cancer care, who can help me?
- ☐ Can I work while getting treatments?

 Am I eligible for any benefits if I cannot work?
- ☐ Am I eligible for social welfare (disability ID, disability pension, caregiver allowance, etc.)?

I am worried about the physical impacts of treatment…

Living With Cancer

- ☐ How will the cancer treatment affect my daily activities (diet, exercise, work, sexual drive, etc.)?
- ☐ What foods should I eat to get nutrition during cancer treatment?
- ☐ Is there anything that I can do before or during my treatment to make it more effective (diet, exercise, quite smoking, etc.)?
- ☐ Can I take Chinese medicine or my other medications (such as prescriptions for diabetes)?
- $\hfill\square$ What signs or symptoms should I go to the ER for?
- $\hfill \square$ Is sexual activity OK during cancer treatment?

Support Information

- ☐ Are there services/support groups that can help me and my family deal with this illness?
- ☐ Are there any specific materials that would be useful (pamphlets, books, videos, websites)?

I want to know more about different types of cancer treatment...

Surgery

- ☐ Is surgery an option for me?
- \square How will the operation be performed?
- ☐ What are the possible risks of this operation (anesthesia, complication, blood transfusion, etc.)?
- ☐ What are the possible long-term effects of having this surgery? How could this affect my daily life?

☐ Is there anything that I should do before surgery, e.g. diet, exercise, etc?	
☐ How long will I be in the hospital? Will I get an implanted port?	
☐ What is my follow-up plan after surgery?	
☐ Is there anything I can do after surgery to assist my recovery?	
☐ Can I get addicted to painkillers?	
Radiation Therapy (Radiotherapy)	
☐ Why do I need radiation therapy?	
☐ How effective is radiation therapy?	
☐ What is the treatment plan and schedule, e.g. how many treatments will I have, how often, and for how long will I have treatment?	
☐ Will I have side effects from radiation therapy? When are these effects likely to happen? How should I care for myself during radiation therapy?	
☐ What are the long term late effects of radiation therapy?	
Chemotherapy	

- ☐ What is chemotherapy?
- ☐ Why do I need chemotherapy?
- ☐ What is the treatment plan and schedule, e.g. how many treatments will I have, how often, and for how long will I have treatment?
- ☐ What is a port, and will I need one?
- ☐ Will I have side effects from chemotherapy?

 When are these effects likely to happen? How should I care for myself during chemotherapy?
- ☐ What are the long term late effects of chemotherapy?
- ☐ Can I get any vaccines during cancer treatment?

Targeted Therapy

☐ How long does targeted therapy last?
☐ Is targeted therapy covered by National Healt Insurance?
☐ Will I have side effects from targeted therapy? When are these effects likely to happen? How should I care for myself?

☐ Is targeted therapy an option for me?

Immunotherapy

- ☐ Is immunotherapy an option for me?☐ How long does immunotherapy last?
 - How effective is immunotherapy?
- ☐ Is immunotherapy covered by National Health Insurance?
- ☐ Will I have side effects from immunotherapy?
 How should I care for myself?

I want to know more about post cancer treatment care...

Follow-up Care after Treatment

What are the signs of cancer	recurrence?
Can I do anything to prevent	it?

- ☐ What are the do's and don'ts in after-care?
- ☐ What can I expect to be able to do after cancer treatment (traveling, hiking, swimming)?
- ☐ Do I need physical therapy after cancer treatment?
- ☐ What is my long-term follow up plan? What tests do I need to do and how often?
- ☐ Should my family be screened for lung cancer as a measure of early detection?