### | Suggestions |

You and your family
may choose to use this list
at any time as a tool to discuss
with your medical care team
about the most suitable treatment
and care for you.

We suggest you
tick the questions
that you want to ask and
write down any that you may
think of which are not listed.

We also encourage you to inquire about medical terms or phrases you are unfamiliar with.

### Acknowledgements |

(依姓氏筆劃排序)

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#### - 許信德 -

臺北醫學大學附設醫院耳鼻喉科 主治醫師

### - 曾姿菁 -

高雄長庚紀念醫院 口腔癌個管師

### - 魏米秀 -

慈濟大學傳播學系 專任教授

### - 羅盛典 -

高雄長庚紀念醫院鼻科 主任

### - 蘇聖玉 -

高雄長庚紀念醫院 口腔癌個管師





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# Question Prompt Lists for Oral and Oropharyngeal Cancer Patients



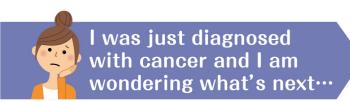




When you see
your medical oncologist today,
you may have questions
and concerns.

Often these are forgotten in the heat of the moment, only to be remembered later.

We have compiled a list of questions to help you organize the information about your illness you may like to seek from your oncologist.



## **Diagnosis and Tests** ☐ What type of oral cancer is it? ☐ What is my stage? Has it spread? ☐ What does the test result say about my cancer? Do I need to do any other tests? ☐ Is it possible that my siblings or children will also get this cancer? Is it contagious? ☐ Is it possible to cure my cancer? **Treatment Options** ☐ What is your opinion about the best treatment for me? ☐ How likely is it that the treatment will improve my symptoms? ☐ Can I have children after cancer treatments? Costs ☐ Are cancer treatments covered by National Health Insurance? ☐ Are there any drugs not covered by NHI that I can consider? If so, what will be the costs? ☐ If I'm worried about managing the expenses of

cancer care, who can help me?

☐ Can I work while getting treatments?

Am I eligible for any benefits if I cannot work?

disability pension, caregiver allowance, etc.)?

☐ Am I eligible for social welfare (disability ID,

### I am worried about the physical impacts of treatment...

### **Living With Cancer**

- ☐ How will the cancer treatment affect my daily activities (diet, exercise, work, sexual drive, etc.)?
- ☐ What foods should I eat to get nutrition during cancer treatment?
- ☐ Is there anything that I can do before or during my treatment to make it more effective (diet, exercise, quite smoking, etc.)?
- ☐ Can I take Chinese medicine or my other medications (such as prescriptions for diabetes)?
- ☐ What signs or symptoms should I go to the ER for?
- ☐ Is sexual activity OK during cancer treatment?

### **Support Information**

- ☐ Are there rehabilitation services available to help me improve my speech, swallowing, or shoulder motion?
- ☐ Are there any specific materials that would be useful (pamphlets, books, videos, websites)?

### I want to know more about different types of cancer treatment...

### Surgery

- ☐ Is surgery absolutely necessary?
- ☐ What type of surgery will I have? Why do I need surgery?
- ☐ What parts will need to be removed? Will there be a need for a skin graft?
- ☐ What are the possible risks of this operation (anesthesia, complication, blood transfusion, etc.)?

☐ What are the possible long-term effects of having this surgery? How could this affect my daily life?
☐ How long will I be in the hospital? Will I get an implanted port?
☐ What is my follow-up plan after surgery?
☐ Will this surgery affect my appearance in any way? If so, what can I expect?
☐ Will I need major reconstruction after surgery?  If so, how will this affect my ability to speak and eat?
Radiation Therapy (Radiotherapy)
☐ Why do I need radiation therapy?
☐ How effective is radiation therapy?
☐ What is the treatment plan and schedule, e.g. how many treatments will I have, how often, and for how long will I have treatment?
☐ Will I have side effects from radiation therapy? When are these effects likely to happen? How should I care for myself during radiation therapy?
☐ What are the long term late effects of radiation therapy?
Chemotherapy
☐ What is chemotherapy?
☐ Why do I need chemotherapy?
☐ What is the treatment plan and schedule, e.g. how many treatments will I have, how often, and for how long will I have treatment?
☐ What is a port, and will I need one?
☐ Will I have side effects from chemotherapy? When are these effects likely to happen? How should I care for myself during chemotherapy?
☐ What are the long term late effects of chemotherapy?

I a	argeted I herapy							
	Is targeted therapy an option for me?							
	How long does targeted therapy last?							
	Is targeted therapy covered by National Health Insurance?							
	Will I have side effects from targeted therapy? When are these effects likely to happen? How should I care for myself?							
Immunotherapy								
	Is immunotherapy an option for me?							
	How long does immunotherapy last? How effective is immunotherapy?							
	Is immunotherapy covered by National Health Insurance?							
	Will I have side effects from immunotherapy? How should I care for myself?							

### I want to know more about post cancer treatment care…

### Follow-up Care after Treatment

What are the signs of cancer recurrence?	
Can I do anything to prevent it?	

- ☐ What are the options available for voice/speech rehabilitation?
- ☐ What is my long-term follow up plan? What tests do I need to do and how often?

ИЕМО			