

| Directions |

You can check off
the questions you would like to ask
or write down more as well.

Don't forget~
If you stumble across
any unclear or
unknown terms,
you can always reach out
to your medical team
for further explanations!

| Acknowledgements |

(依姓氏筆劃排序)

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Cancer Surgery Question Prompt List

Throughout your battle against cancer,
it is important to ask questions proactively!



Ask questions so your medical care team
may understand your needs.



I'm feeling so nervous How do I ask? What do I ask?

When you meet with your doctor,
you may have a lot of doubts and worries,
but under stress,
your mind constantly goes blank,
you might forget to ask certain questions
or be unsure about knowing how to ask...

We hope this pamphlet
can guide you to come up with
clear ideas, questions, or concerns.
You can read over this checklist with
your family to prepare for future
consultations so you won't forget
the questions you wanted to ask.
This can help you and your doctor
work towards personalizing a treatment
that is suitable for you.

I was just diagnosed, my doctor advised a surgery...



Diagnosis and Tests

- What type of cancer do I have?
- Which stage is my cancer at right now? Has it spread to other parts of my body?
- Are there any other tests I need to do? Why?
- Is there anything I need to watch out for when I'm doing tests?
- What does tumor marker indicate?
- Do I need a genetic testing?
- How long can I live? How about without treatment?

Surgery and Treatment Options

- Is surgery necessary? Are there other treatment options available?
- How would surgery and other treatments be arranged? Do I have surgery before other treatments? (Chemotherapy, radiation therapy, hormone therapy, etc.)
- What kind of surgery will it be? How will it operate? How long will it take?
- What is the anesthesia method used during surgery? (Local or general anesthesia? Do I need intubation?)
- What is the size of the wound? Will the stitches need to be removed? Will there be a drainage tube?
- Am I a good fit for minimally invasive surgery?
- Do you need my final decisions today? How much time do I have to think about my treatment options?

Costs

- What is the estimated cost of the entire treatment?
- Will health insurance cover my surgery? Will there be any out-of-pocket expenses? (Medicines, material, surgical expenses, etc.)
- If I cannot work because of being hospitalized, can I apply for subsidies?

I am going to undergo surgery, I would like to ask...

Pre-Operation

- Which surgeon will be in charge of my operation?
- What are some ways to help the effects of the treatment? (surgery, anesthesia, medication, or other self-paid options)
- What are the risks of surgery? Are there any side effects? (anesthesia, complications, transfusion, etc.)
- How should I prepare for surgery? (Should chronic disease medications be discontinued? Do I need additional nutrients?)
- How many days will I be hospitalized for the surgery? When can I get back to work after surgery?

My surgery is completed, what do I need to watch out for?

Post-Operation

- What should I watch out for after surgery?
- Can I take Chinese medicine or supplements to take care of my body after surgery?
- What effects does the surgery have on my life? (exercise, diet, work, intimacy)
- What can I do to recover better?
- If I combine other treatments, do I need to stop working for a long time?
- Who can I turn to if I have questions after returning home? (Medical team, personal supervisor)



I have other questions...

Care After the Treatment

- What information is available regarding my cancer and treatment? (Health education manuals, books, videos, websites, etc.)
- What services or support groups are there that can help my family and I face cancer?



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