## | Directions |

You can check off

the questions you would like to ask or write down more as well.

Don't forget~

If you stumble across

any unclear or

unknown terms,

you can always reach out

to your medical team

for further explanations!

### | Acknowledgements |

(依姓氏筆劃排序)

#### - 梁基安 -

中國醫藥大學附設醫院 放射腫瘤科主任

#### - 黃志仁 -

高雄醫學大學附設中和紀念醫院 放射腫瘤部主任

#### - 魏米秀 -

慈濟大學傳播學系 教授



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台北希望小站: 10058台北市中正區臨沂街3巷5號

台中希望小站: 40341台中市西區民權路312巷4-1號 高雄希望小站: 81355高雄市左營區裂峰路22號



# Radiotherapy Question Prompt List

Throughout your battle against cancer, it is important to ask questions proactively!







## I'm feeling so nervous How do I ask? What do I ask?

When you meet with your doctor,
you may have a lot of doubts and worries,
but under stress,
your mind constantly goes blank,
you might forget to ask certain questions
fdor be unsure about knowing how to ask...

We hope this pamphlet
can guide you to come up with
clear ideas, questions, or concerns.
You can read over this checklist with
your family to prepare for future
consultations so you won't forget
the questions you wanted to ask.
This can help you and your doctor
work towards personalizing a treatment
that is suitable for you.

#### I was just diagnosed, my doctor advised radiotherapy...



#### Radiotherapy

| ☐ What is radiotherapy? Is it commonly known as electrotherapy?                    |
|--|
| ☐ Why do I need to undergo radiotherapy?   |
| ☐ What are the types of radiotherapy?  How do I choose?                            |
| ☐ Can I still undergo radiotherapy if I am pregnant or expected to be pregnant?    |
| ☐ What is the result? How do I know if it is effective?                            |
| ☐ I have already undergone chemotherapy?  do I still have to undergo radiotherapy? |
| □ Do I have to do it? Are there other treatments available to me?                  |
|  |
| Fees   |
| □ Will health insurance cover my<br>radiotherapy? Or is it better to self pay?     |
| ☐ What is the estimated cost of the entire treatment?                              |
| ☐ If I cannot work due to being hospitalized, can I apply for subsidies?           |

## I am going to undergo radiotherapy,I would like to ask...

#### **Treatment Arrangement**

- ☐ How will radiotherapy be arranged? (How many times, how often, how long it takes each time?)
- ☐ Will the treatment be in an outpatient clinic or inpatient?
- ☐ Can I undergo radiotherapy at a hospital near me?

#### **Treatment Precautions**

- ☐ What can I do to arrange my daily life so the treatment results are better?
- ☐ What are the risks and side effects of the treatment? What can I do?
- ☐ When will the side effects start? How do I take care of it?
- ☐ Will undergoing radiotherapy result in long term side effects?
- ☐ Can I work, drive, and continue my daily activities during my treatment?
- ☐ Can I still be sexually active during my treatment?
- ☐ What should I watch out for during my treatment? Can I take Chinese medicine or vitamins?
- ☐ Will this treatment leave radiation on my body? Will people around me be affected?
- ☐ Who can I turn to if I have questions after returning home? (Medical team, personal supervisor)

# My radiotherapy treatment is completed, what do I need to watch out for?

#### **Care After the Treatment**

- ☐ What should I watch out for after my treatment?
- ☐ Will I need to have long term follow ups after my treatment? How frequent will my follow ups be?
- ☐ Do I have to return to my surgeon for follow ups?
- ☐ Will my daily life be affected by my treatment? (exercise, diet, work, intimacy)

#### I have other questions...

#### **Care After the Treatment**

| What information is available regarding |
|---|
| my cancer and treatment?                |
| (Health education manuals, books,       |
| videos, websites, etc.)                 |

☐ What services or support groups are there that can help my family and I face cancer?

| MEMO |
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